

# la serra

*The Boutique Spa*



Grand Hotel  
Excelsior Vittoria  
sorrento  
\* \* \* \* \*

2025

## YOUR RELAXATION OASIS

*in Sorrento*

**La Serra Beauty and Wellness Space** at the Grand Hotel Excelsior Vittoria offers a wide range of treatments in luxurious and peaceful surroundings.

Housed in a 19<sup>th</sup> century greenhouse, redesigned according to Feng Shui principles, La Serra features comfortable private treatment rooms and exclusive suites, providing a unique five-star wellness experience.

Whether you have a few precious hours or an entire weekend to unwind in Sorrento, a visit to La Serra is always time well spent.

# Wellness at **La Serra**

Rituals

Facials

Massages

Body Treatments

Beauty

# PURE INDULGENCE

## *La Serra Signature Rituals*

The Signature Rituals express our concept of unconventional luxury: intimate, comfortable, and exclusive. Thoughtfully designed to be enjoyed with a loved one, they create special moments that we hope will stay with you long after you leave.

### **La Serra**

Full-Body Swedish Massage with citrus essence;  
Jacuzzi Bath enriched with bath salts.

*1 h. 30 min. € 500 (per couple)*

### **Excelsior Vittoria** 190

Nourishing body scrub with rose oil and argan nut powder;  
Jacuzzi bath;  
Full-body Swedish massage with revitalizing body oil, enriched with echinacea extract, apricot oil, and macadamia oil;  
Smoothing, decongesting, and anti-fatigue eye mask with mineral-rich algae extract, caffeine, arnica, and green tea.

*2 h. 30min. € 800 (per couple)*

### **Suggestions**

Choose **La Serra** if you're looking for a moment of relaxation and freshness in couple.  
Choose **Excelsior Vittoria** for a complete luxury treatment that rejuvenates body and mind, with a focus on the skin and eyes.



The master of anti-age treatments since 1985, Valmont perpetuates the unique expertise of Swiss cellular cosmetics with incredibly effective care treatments that deliver immediate and long-lasting results.

Valmont care treatments are inspired by Switzerland's pure and protected environment. Their exceptional quality is the result of a subtle alliance between alpine ingredients and advanced scientific expertise. Featuring unique and exclusive care protocols, Valmont treatments stand out from all others.

Lose yourself in a journey of initiation and travel to the heart of Valmont's homeland.

# COLLAGEN FACIAL TREATMENTS

## **Firmness of the Hills**

Restore the skin elasticity of your face, neck, and décolleté with this anti-aging firmness treatment for a youthful, plumped complexion.

A dreamy deep-tissue massage that transforms the skin, thanks to the super-powerful Firm-C Boost concentrate—a blend of triple DNA, Vitamin C, and collagen fragments.

This protocol improves skin firmness, revealing a younger-looking face with better-defined volumes.

## **Luminosity of the Ice**

The power of nature for an incomparable glow.

A potent combination of ingredients sourced from Swiss Alpine gardens and white mulberry root, used for centuries in Japan, works to refine the skin's texture. This light-enhancing spa therapy reduces imperfections and stimulates the skin's natural glow mechanisms for a smoother complexion and renewed radiance.

## **Hydration of the Bisses**

A shower of moisturizing comfort to smooth fine lines and plump your thirsty skin. Built on Valmont's signature triple DNA, hyaluronic acid, and other moisturizing ingredients, this ritual fills the epidermis with water, leaving the skin smoother, more radiant, and plump-looking.

*60 min. € 200*

*75 min. € 230*

## Choose the best collagen facial treatment for you

Is your skin suffering from loss of firmness and elasticity?

We recommend **Firmness of the Hills**

Is your skin looking dull and showing signs of fatigue or stress?

We recommend **Energy of the Glaciers**

Is your complexion lacking radiance,  
with enlarged pores and an irregular surface?

We recommend **Luminosity of Ice**

Is your skin feeling tight, with fine lines showing, and  
the surface rough to the touch?

We recommend **Hydration of the Bisses**

# FACIAL TREATMENTS

## **Purity of the Alps**

The skin is clean, purified and balanced.

The Purity of the Alps treatment cleanses without stripping, leaving the epidermis hydrated and incredibly soft. It is suitable for everyone, particularly those whose skin shows a flawed texture, uneven complexion, congestion, and a predisposition to imperfections.

*50 min. € 150*

For a complete cleansing, we recommend adding steaming and extraction: 25 Min. € 50.

## **Reflections on a Frozen Lake**

This treatment is specially designed for the under-eye area, helping to eliminate bags, puffiness, signs of fatigue, and effectively filling in wrinkles. Thanks to the use of reflexology techniques, lymphatic drainage, and lifting massage, it successfully reduces the appearance of fine lines.

The treatment concludes with the application of a collagen mask that nourishes and soothes the skin, leaving the eye contour rejuvenated after just one use.

*50 min. € 150*



## BODY TREATMENTS

### Peaks of Slimness

This re-contouring treatment helps reduce cellulite, stimulates the lymphatic system, and activates fibroblast metabolism.

Kneading, friction, and smoothing pressures provide deep action on each area of the body, supported by the application of Valmont's D Solution booster, Modelage, and C Curve Shaper creams.

It can be used as a kick-starter for a slimming regimen, to maintain a sculpted figure, as a firming program after pregnancy or a diet, but also – and above all – by any woman who wishes to control the effects of time on her body!

*60 min. € 180*

### Bisses Purity

This exfoliating and purifying body treatment removes dead skin cells, rebalancing the hydrolipidic film and nourishing the epidermis, leaving the skin silky smooth and soft.

The Bisses Purity treatment, featuring the Cellular Refining Scrub, combines nourishing rose oil with exfoliating argan nut powder in a rich, creamy formula.

*Complete treatment (scrub + hydration) 60 min. € 180*

*As an add-on before a massage 30 min. € 100*

# BODY MESSAGES

## Candle Massage

Experience a holistic treatment that combines heated essences with gentle touches and Hawaiian massage movements. Infused with pure essential oils, each candle nourishes your skin and awakens your senses, enveloping you in warmth and tranquility for a blissful escape.

Candles choice:

- **Argan Oil:** anti-aging and firming
- **Arnica and Alpine Herbs:** anti-fatigue and detoxifying
- **Cocoa Mousse:** pure relaxation
- **Aloe Vera:** refreshing and soothing
- **Lavender Myrrh:** aromatherapy and relaxation

## Hot Stone Massage

Relax with the soothing warmth of basalt stones and nourishing oils. This therapeutic massage releases muscle tension, promoting a sense of well-being and peace. Let the heat melt away stress, bringing you pure bliss.

## Manual Lymphatic Drainage

Enjoy a gentle massage with light, circular motions to boost lymph flow, reduce swelling, and relieve stress. This soothing treatment strengthens the immune system, leaving you with radiant skin. Embrace the calm and feel revitalized from within.

75 min. € 190

90 min. € 220

# BODY MESSAGES

## **Anti-Cellulite Massage**

Targeted to reduce fat deposits and prevent their formation, this treatment improves the appearance of orange peel skin, leaving you with smoother, firmer skin.

## **Aromatherapy Massage**

A therapeutic treatment that blends the healing power of essential oils with classic massage techniques, offering a relaxing experience that soothes both body and mind, helping you find balance and peace.

## **Relaxing Massage**

A smooth and gentle massage designed to promote deep relaxation, relieving tension and calming both body and mind. It provides a complete sense of well-being and tranquility.

## **Swedish Massage**

A classic full-body massage that blends various techniques to release muscle tension, enhance circulation, and relax your joints. Using light to medium pressure, it offers a personalized and soothing experience tailored to your needs.

*50 min. € 150*

*75 min. € 190*

*90 min. € 220*

## BEAUTY

OPI	Manicure	€ 50
	Pedicure	€ 70
OPI GelColor	Manicure	€ 60
	Pedicure	€ 80
OPI GelColor	Soak Off <i>(only in addition to a nail treatment)</i>	€ 20

### Waxing

*Ask for details*

**Please note**, gel, acrylic or dip powder nail treatments and removals are not available at La Serra.

# ETIQUETTE

**Advance Booking:** to enjoy your favorite treatments at La Serra, we recommend booking your appointments in advance to ensure desired times are available.

**Ambiance:** for the relaxation and privacy of all our guests we are a no smoking area, mobile phones and other electronic devices have to be turned to silent and used discreetly during your visit. We kindly ask everyone to speak quietly when at La Serra.

**Arrival:** appointments are reserved for you, so we ask to arrive a few minutes prior your booked service to complete the necessary documents and allow us to personalize your experience.

**Assistance:** please let us know before you arrive if you need special assistance.

**Attire:** we recommend bathing suits for treatments that include jacuzzi therapy.

**Valuables:** please do not bring valuables with you. La Serra and Grand Hotel Excelsior Vittoria are not responsible for any unattended, lost or damaged items.

**Cancellation Policy:** as a courtesy to all guests, cancellations must be made at least 4 hours in advance of your appointment time. Failure to do so will result in a 50% cancellation fee charged to your account (1 day in advance to cancel Signature Rituals). For a no show a 100% service rate of the treatment will be charged to your account.

**Late Arrivals:** if you are running late, a phone call is always appreciated. Your arrival time will determine the length of your treatment time, which will end as scheduled, so the next guest may begin promptly. If you are more than 30 minutes late, you might not receive your treatment.

**Group Packages:** group reservations are allowed only from in-house guests.

**Minors:** guest under 18 years are welcome if accompanied by an adult who must be present during the treatment.

**Payment Methods:** we accept all major credit cards. Prices include service, tax and VAT. Gratuities are not included in the prices shown.

**Therapists:** all our therapists are female.

**Treatments:** our selection of treatments is genderless.

YOUR COMMENTS ARE ALWAYS WELCOME

Gift vouchers, fragrances and skin care products are available for sale at

**La Serra**

Please dial #877 to book your appointment from your room

[www.excelsiorvittoria.com/laserra](http://www.excelsiorvittoria.com/laserra)

Follow the La Serra on Instagram



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Informations & bookings

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